

I form per entrant please, photocopies and universal entry forms are accepted.
Closing date 15th June.

10k Race numbers and timing chips to be collected on the day between 8am-10.15am

4.3k Race numbers to be collected on the day between 8am-10am

Entries accepted on the day for the 4.3k only. Closing time for entries is 10am

For health and safety reasons we request that runners should not run with headsets or any form of earphones.

Please Tick appropriate boxes	10K	4.3K	Male	Female
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Online entries will need to register online at aldridgerunningclub.co.uk

PLEASE PRINT CLEARLY

Surname:.....

First Name:.....

D.O.B. Age on race day:.....

Affiliated Club:.....

Address:.....

.....Postcode:.....

Tel:.....Email:.....

I enclose a fee of £.....

England Athletics Reg Number:.....

I declare that I am an amateur as defined by UKA/BARR and that I will abide by race rules. I agree that the organisers are not responsible for any loss or injury resulting from taking part.

Signed.....Date.....

Data Protection: - All details given will be used for race purposes only and will not be passed to any third party.

Aldridge Running Club



Presents

The 21st Running of their 10K Road Race

ALDRIDGE 10K & 4.3K

(Both accurately measured)

Road Races

With Children's Runs

UKA Athletic Licence: Licence applied for BARR Permit applied for

10k Race numbers and timing chips are to be collected on the day.

No entries on the day.

4.3K manual timing only. Entries on the day accepted.

Sunday 17th June 2012

Start Times: **4.3K 10.30 AM, 10K 10.45 AM**



Venue

The Stick & Wicket Club, Aldridge
WS9 8QP



Results: @www.aldridgerunningclub.co.uk

Venue:

Stick & Wicket Club, The Green, Aldridge.

Events Schedule:

Children's Races: 9.30 am

4.3K: 10.30 a.m.

10K: 10.45 a.m. (*Minimum age 15 yrs*)

Parking:

FREE at numerous Local Car Parks.

Course: Good undulating road surface, but not all roads are traffic free. It is unsuitable for wheel chair users. A water station will be on The Green. Time chips must be worn by all runners.

Mementos to all finishers.

Children's Runs:

Medals & Goody-Bags.

Prizes:

10K: 1st 2nd & 3rd with some age categories (*see Leaflet*)

4.3K: 1st 2nd & 3rd male and female

Results: @ www.aldridgerunningclub.co.uk

UP & RUNNING 

 **realbuzz** 
runbritain.com

Entry in advance:

10K Affiliated	£11
Unattached	£13
4.3K All Runners	£9

Entry fees on the day: (4.3K only)

All Runners	£11
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Children's runs: £3 on the day only.

Please note : No entries on the day for the 10K race.

Race entries can be made online at Runners World (www.runnersworld.co.uk/) or aldridgerunningclub.co.uk, alternatively for a race number and time chip please send completed form and correct fee.

Please send your completed form to:

Entries Secretary

Rachel Parker, 4 Swan Street, Broseley, Shropshire TF12 5HW

rachelparkerarc@gmail.com

A confirmation of entry will be emailed to all runners in advance of race day.

Cheques payable to Aldridge Running Club